

Welcome! We are pleased that you chose PURE Center for Integrated Health to evaluate your condition. Would you please fill out the information below, so that we may properly file your insurance claims for you? If you would like assistance, please inform the front desk personnel and they will be happy to help you.

PERSONAL INFORMATION

Last Name: _____ First: _____ Middle: _____ DOB: _____ Age: _____
 SSN: _____ Home Phone: _____ Cell Phone: _____ Work Phone: _____
 Address: _____
 City: _____ State: _____ ZIP Code: _____
 Email Address: _____ Employer: _____ Occupation: _____
 Marital Status ☐ Single ☐ Married- Spouse's SS# _____ DOB _____ ☐ Widowed ☐ Divorced ☐ Other
 Emergency Contact: _____ Relationship: _____ Phone: _____
 Who is responsible for the payment of your bill? ☐ Self-Pay/Cash ☐ Major Medical Health Ins. ☐ Medicare
☐ MaineCare ☐ Employer ☐ Worker's Comp. Ins. ☐ Auto/Personal Liability Ins. ☐ Other: _____

HEALTH CARE INFORMATION

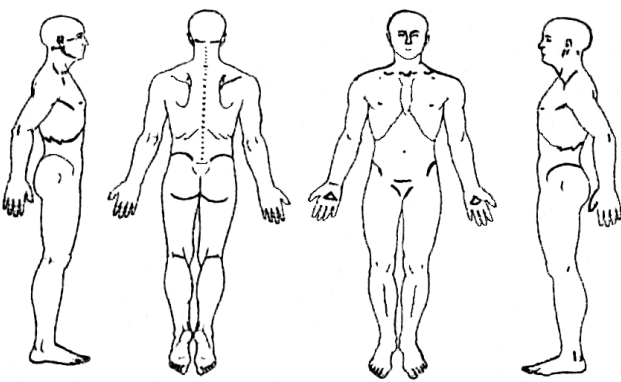
Primary Care Provider: _____ Office Location: _____ Phone: _____
 Was this visit pre-approved? Yes No
Other Provider: _____ Office Location: _____ Phone: _____
Medical Records Release: By signing below, I authorize Dr. Bruns and her staff to release confidential health information about me, by releasing a copy of my medical records, or a summary or narrative of my protected health information to the physician/person/facility/entity listed above for the purpose of insuring I receive proper treatment.
Patient or Guardian's signature: _____ **Patient's Date of Birth:** _____
Primary Health Insurance Name: _____ Phone: _____
 Address: _____ City: _____ State: _____ Zip: _____
 ID Number: _____ Group ID Number: _____
Secondary Health Insurance (if applicable)
 Name: _____ Phone: _____
 Address: _____ City: _____ State: _____ Zip: _____
 ID Number: _____ Group ID Number: _____

IF THIS IS AN AUTOMOBILE ACCIDENT OR WORK RELATED INJURY, PLEASE COMPLETE THIS BOX

Name of Insurance: _____ Phone: _____
 Address: _____ City: _____ State: _____ Zip: _____
 Adjusters' Name: _____ Claim Number: _____
 Has this claim been denied by Worker's Compensation? Yes No
 Name of Attorney: _____ Phone: _____
 Address: _____ City: _____ State: _____ Zip: _____
I, _____, (Patient's Signature) state that the information above is valid. Date: _____

This Box is for Office Use Only- Vital Signs Height: _____' _____" Weight: _____ Lbs. Dominant Hand: L R
 Left Seated Blood Pressure: _____/_____/_____ Left Pulse: _____/min. Respiration: _____/min
 Right Seated Blood Pressure: _____/_____/_____ Left Pulse: _____/min. Temperature (oral): _____° Office Staff Initials: _____

HISTORY OF PAIN, INJURY AND/OR ILLNESS

Print Patient's Name: _____		DOB: _____		Date: _____	
1. On the figure below please mark the location of <u>ALL</u> symptoms or complaints using a circle or an X.					
Using an X or a circle, mark the area on the drawing where each symptom or complaint is located		Descriptions/ Letter Key		Additional Notes	
		A = Ache B = Burning D = Dull Pain DD = Deadness N = Numbness P = Pain S = Sharp SH = Shooting ST = Stabbing T = Tight TG = Tingling TH = Throbbing O = Other PWM= Pain with movement		_____ _____ _____ _____ _____ _____ _____ _____ _____ _____	
<u>TIMING, DURATION & SEVERITY</u>					
2. Please describe each individual symptom below (most severe first) using the descriptions provided in both the descriptions letter key above and the frequency/intensity grades chart below.					
Please list <u>ALL</u> symptoms you are experiencing.				<u>Frequency</u> % of the day	<u>Intensity/Severity</u> 1=Mild 10=Worst
Symptom #1:				_____% of day	
Symptom #2:				_____% of day	
Symptom #3:				_____% of day	
Symptom #4:				_____% of day	
3. For each of the conditions/symptoms listed below, place a check in the "past" column if you have had the condition in the past. If you presently have a condition/symptom listed below, place a check in the "present" column.					
Past Present		Past Present		Past Present	
<input type="checkbox"/>	<input type="checkbox"/> Headaches	<input type="checkbox"/>	<input type="checkbox"/> Asthma	<input type="checkbox"/>	<input type="checkbox"/> Diabetes
<input type="checkbox"/>	<input type="checkbox"/> Neck Pain	<input type="checkbox"/>	<input type="checkbox"/> Heart Attack	<input type="checkbox"/>	<input type="checkbox"/> Excessive Thirst
<input type="checkbox"/>	<input type="checkbox"/> Upper Back Pain	<input type="checkbox"/>	<input type="checkbox"/> Chest Pains	<input type="checkbox"/>	<input type="checkbox"/> Hepatitis
<input type="checkbox"/>	<input type="checkbox"/> Mid Back Pain	<input type="checkbox"/>	<input type="checkbox"/> Angina	<input type="checkbox"/>	<input type="checkbox"/> Abnormal Weight Gain/Loss
<input type="checkbox"/>	<input type="checkbox"/> Low Back Pain	<input type="checkbox"/>	<input type="checkbox"/> Stroke	<input type="checkbox"/>	<input type="checkbox"/> Epilepsy
<input type="checkbox"/>	<input type="checkbox"/> Shoulder Pain	<input type="checkbox"/>	<input type="checkbox"/> Allergies	<input type="checkbox"/>	<input type="checkbox"/> Diarrhea
<input type="checkbox"/>	<input type="checkbox"/> Elbow/Upper Arm Pain	<input type="checkbox"/>	<input type="checkbox"/> Frequent Urination	<input type="checkbox"/>	<input type="checkbox"/> Constipation
<input type="checkbox"/>	<input type="checkbox"/> Wrist Pain	<input type="checkbox"/>	<input type="checkbox"/> HIV/AIDS	<input type="checkbox"/>	<input type="checkbox"/> Kidney Stones
<input type="checkbox"/>	<input type="checkbox"/> Hand Pain	<input type="checkbox"/>	<input type="checkbox"/> Visual Disturbances	<input type="checkbox"/>	<input type="checkbox"/> Kidney Disorders
<input type="checkbox"/>	<input type="checkbox"/> Hip Pain	<input type="checkbox"/>	<input type="checkbox"/> Depression	<input type="checkbox"/>	<input type="checkbox"/> Bladder Infection
<input type="checkbox"/>	<input type="checkbox"/> Knee Pain	<input type="checkbox"/>	<input type="checkbox"/> Systemic Lupus	<input type="checkbox"/>	<input type="checkbox"/> Painful Urination
<input type="checkbox"/>	<input type="checkbox"/> Upper Leg Pain	<input type="checkbox"/>	<input type="checkbox"/> Loss of Appetite	<input type="checkbox"/>	<input type="checkbox"/> Abdominal Pain
<input type="checkbox"/>	<input type="checkbox"/> Ankle/Foot Pain	<input type="checkbox"/>	<input type="checkbox"/> Chronic Sinusitis	<input type="checkbox"/>	<input type="checkbox"/> General Fatigue
<input type="checkbox"/>	<input type="checkbox"/> Jaw Pain	<input type="checkbox"/>	<input type="checkbox"/> Prostate Problems	<input type="checkbox"/>	<input type="checkbox"/> Cancer/Tumor
<input type="checkbox"/>	<input type="checkbox"/> Joint Pain/Stiffness	<input type="checkbox"/>	<input type="checkbox"/> Muscular Incoordination		
<input type="checkbox"/>	<input type="checkbox"/> Arthritis	<input type="checkbox"/>	<input type="checkbox"/> Smoking/Tobacco Use		
<input type="checkbox"/>	<input type="checkbox"/> Rheumatoid Arthritis	<input type="checkbox"/>	<input type="checkbox"/> Loss of Bladder Control		
<input type="checkbox"/>	<input type="checkbox"/> Dizziness	<input type="checkbox"/>	<input type="checkbox"/> Dermatitis/Eczema/Rash		
<input type="checkbox"/>	<input type="checkbox"/> Ulcer	<input type="checkbox"/>	<input type="checkbox"/> Drug/Alcohol Dependence		
<input type="checkbox"/>	<input type="checkbox"/> High Blood Pressure	<input type="checkbox"/>	<input type="checkbox"/> Liver/Gall Bladder Disorder		
<input type="checkbox"/>	<input type="checkbox"/> Anxiety				
For Females Only Past Present <input type="checkbox"/> <input type="checkbox"/> Hormonal Replacement <input type="checkbox"/> <input type="checkbox"/> Birth Control Pills <input type="checkbox"/> <input type="checkbox"/> Pregnant, Due date _____					
Other Past/Present: _____					

ASSOCIATED SIGNS & SYMPTOMS

Print Patient's Name: _____ **DOB:** _____ **Date:** _____

4. Please answer the following questions so that we may better understand your symptoms.

How are your symptoms changing with time? ☐ Getting Worse ☐ Staying the Same ☐ Getting Better
 How are your symptoms affecting your movement? ☐ Inflexibility ☐ Stiffness ☐ Spasm ☐ Cramps
 How much has your problem(s) interfered with your work? ☐ Not at all ☐ Moderately ☐ Extremely
 How much has your problem(s) interfered with your social activities? ☐ Not at all ☐ Moderately ☐ Extremely
 When did your symptoms begin? (Most Recent Episode) _____ ☐ Days, ☐ Weeks, ☐ Months
 How do you think your problem began? ☐ Unknown ☐ Lifting ☐ Overexertion ☐ Repetitive Use
☐ Slip/Fall ☐ Other – describe _____

If this pain radiates or travels, please identify where to: _____

Who else have you seen for your problem(s)? ☐ No one ☐ Chiropractor- Dr. _____ ☐ ER physician
☐ Primary Care Physician- Dr. _____ ☐ Orthopedist –Dr. _____ ☐ Neurologist – Dr. _____
☐ Massage Therapist _____ ☐ Physical Therapist _____ ☐ Other: _____

If you were treated, what was the result of treatment? ☐ Better ☐ Same ☐ Worse

What makes your symptoms WORSE? _____ What relieves or makes your symptoms feel BETTER? _____

What type of exercise do you do? ☐ Strenuous ☐ Moderate ☐ Light ☐ None

Do you consider your problem(s) to be severe?

A. Primary Symptom: ☐ Yes ☐ No ☐ Yes, at times B. Complaint #2: ☐ Yes ☐ No ☐ Yes, at times
 C. Complaint # 3: ☐ Yes ☐ No ☐ Yes, at times D. Complaint # 4: ☐ Yes ☐ No ☐ Yes, at times

How would you rate your overall Health? ☐ Excellent ☐ Very Good ☐ Good ☐ Fair ☐ Poor

List any prescription medications you are currently taking: ☐ N/A _____

List any allergic reactions to medications: ☐ N/A ☐ Allergic to: _____

List any over-the-counter medications and vitamin/supplements you are currently taking: ☐ N/A _____

Have you had any recent injuries, illnesses or falls? ☐ N/A ☐ Yes, _____

List any surgical procedures you have had: ☐ N/A _____

List any recent medical tests and the results: ☐ N/A ☐ X-Ray ☐ CAT Scan ☐ MRI ☐ Bone Scan ☐ EMG ☐ Blood Work

☐ Osteoporosis ☐ Urine test ☐ Colonoscopy ☐ Other: _____ Test Result: _____

What activities do you like to do outside of work? _____

Have you ever been hospitalized? ☐ No ☐ If yes, why _____

Have you had any significant past trauma? ☐ No ☐ Yes, (explain) _____

Are you pregnant? ☐ No ☐ Yes, _____ Weeks or Do you think that you may be pregnant? ☐ No ☐ Yes, _____

Do you have a pacemaker? ☐ No ☐ Yes, _____

What activities do you do at work?

<input type="checkbox"/> Sitting:	<input type="checkbox"/> Most of the day	<input type="checkbox"/> Half the day	<input type="checkbox"/> A little of the day
<input type="checkbox"/> Standing:	<input type="checkbox"/> Most of the day	<input type="checkbox"/> Half the day	<input type="checkbox"/> A little of the day
<input type="checkbox"/> Computer work:	<input type="checkbox"/> Most of the day	<input type="checkbox"/> Half the day	<input type="checkbox"/> A little of the day
<input type="checkbox"/> On the phone:	<input type="checkbox"/> Most of the day	<input type="checkbox"/> Half of the day	<input type="checkbox"/> A little of the day
<input type="checkbox"/> Manual Labor/Hvy Lifting	<input type="checkbox"/> Most of the day	<input type="checkbox"/> Half of the day	<input type="checkbox"/> A little of the day
<input type="checkbox"/> Other: _____	<input type="checkbox"/> Most of the day	<input type="checkbox"/> Half of the day	<input type="checkbox"/> A little of the day

PURE Center for Integrated Health

Dr. Erika K. Bruns Montemerlo, D.C.

15 Wild Horse Run
Kennebunkport, ME 04046
Ph (207) 356-8688

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GENERALIZED HEALTH HISTORY

Print Patient's Name: _____ **DOB:** _____ **Date:** _____

What concerns you the most about your problem; what does it prevent you from doing? _____

Please list any personal goals you would like to achieve as a result from your treatment with Dr. Bruns: _____

Is there anything else Dr. Bruns Montemerlo should know about your visit today? ☐ No ☐ Yes, _____

FAMILY HISTORY

7. Please indicate any immediate family members with any major disease or condition including the following: i.e. Rheumatoid Arthritis, Diabetes, Lupus, Heart Problems, Cancer, ALS, Osteoporosis, Other - Describe List by family member: _____

AUTHORIZATION TO PAY PHYSICIAN

In consideration of the undertaking by Dr. Erika K. Bruns Montemerlo, D.C. to treat the patient noted above:

I understand and agree that health and accident insurance policies are an arrangement between an insurance carrier and myself. Furthermore, I understand that the Doctor's Office will prepare any necessary reports and forms to assist me in making collection from the insurance company and that any amount authorized to be paid directly to the Doctor's Office will be credited to my account on receipt. However, I clearly understand and agree that all services rendered are charged directly to me and that I am personally responsible for payment. I also understand that if I suspend or terminate, any fees for professional services rendered me will be immediately due and payable. I have reviewed the medical history stated above and certify it to be true and accurate to the best of my knowledge.

Patient/Guardian Signature: _____ **Date Signed:** _____

ASSIGNMENT TO PAY CLAIMS DIRECTLY TO DOCTOR

To (Attorney, Insurer, Employer, Other): _____

- A. In consideration of the chiropractic services rendered and to be rendered by Bruns P.A., I authorize the direct payment of benefits to Dr. Erika K. Bruns Montemerlo, D.C. in the amount of any sum I now or hereafter owe by my attorney or out of the proceeds from any settlement of any liability case or by any insurance company obligated to make payment to me or PURE Center for Integrated Health based in whole or in part for upon the charges made for her services.
- B. If a liability claim exists and my attorney/carrier refuses assignment, I acknowledge full financial responsibility for payment of my bill.
- C. I further agree that this Authorization and Assignment is irrevocable until all monies owed to PURE Center for Integrated Health, are paid in full.

Patient/Guardian Signature _____ **Date Signed:** _____

CONSENT TO SERVICES AND PRIVACY PRACTICES

PAYMENT AND INSURANCE

I understand and agree that the health and accident insurance policies are an arrangement between the insurance carrier and myself. This office will prepare any necessary reports and forms to assist me in making collection from the insurance company and that any amount authorized to be paid directly to this office will be credited to my account. I clearly understand and agree that all services rendered to me are charged directly to me and that I am personally responsible for payment. I also understand that if I suspend or terminate my care and treatment, any fees for professional services rendered to me will be immediately due and payable.

Patient Initials _____

CONSENT TO TREATMENT OF A MINOR CHILD

I authorize the licensed doctor and whoever she may designate as assistant to administer care as deemed necessary to my
(Relationship) _____ **(Name)** _____ **Patient Initials** _____

CONSENT TO SERVICES AND PRIVACY PRACTICES (continued)

FEMALE PATIENTS

This is to certify that to the best of my knowledge I am NOT pregnant and that PURE Center for Integrated Health has my permission to take x-rays. Beginning date of your last menstrual period _____ **Patient Initials** _____

PATIENT'S RIGHTS

PURE Center for Integrated Health respects the unique differences of our patients and will ensure that health care ethics are maintained for all patients' behalf.

1. The patient has the right to considerate and respectful care and is encouraged to obtain from the doctor relevant, current and understandable information concerning diagnosis, treatments and prognosis.
2. The patient has the right to know the identity of the doctor and office staff involved in their care.
3. The patient has the right to make decisions about the plan of care prior to and during the course of treatment and to refuse a recommended treatment or plan of care to the extent permitted by law and to be informed of the consequences of this action.
4. The patient has the right to every consideration of privacy and should expect that all communications and records pertaining to his/her care will be treated as confidential, except in cases where reporting is required by law.
5. The patient has the right to expect reasonable continuity of care when appropriate and to be informed by the doctor of available and realistic patient care options. **Patient Initials** _____

ACKNOWLEDGEMENT OF RECIEPT OF NOTICE OF PRIVACY PRACTICES

I, _____ (print patient's name) acknowledge that I have received, reviewed, understand and agree to the Notice of Privacy Practices of PURE Center for Integrated Health which describes the Practice's procedures regarding the use and disclosure of any of my Protected Health Information created, received or maintained by the Practice. **Patient Initials** _____

DISCLOSURE & CONSENT TO CHIROPRACTIC ADJUSTMENTS, CARE

TO THE PATIENT: *You have a right as a patient to be informed about your condition and the recommended chiropractic adjustments and other chiropractic procedures to be used so that you may make the decision whether or not to undergo the procedure after knowing the potential risks and hazards involved. This disclosure is not meant to scare or alarm you; it is simply an effort to make you better informed so you may give or withhold your consent to the procedure.*

I, _____, the undersigned patient, hereby request and consent to the treatment(s) including various modes of physical therapy, diagnostic x-rays, physical rehabilitation exercises, chiropractic adjustments and any other chiropractic procedures provided by the Doctor of Chiropractic, **Dr. Erika K. Bruns Montemerlo, D.C.** and/or other licensed Doctors of Chiropractic working at this clinic or office who now, or in the future, treat me while employed by, working with, or serving as back up for Dr. Erika K. Bruns Montemerlo, D.C.

I have had the opportunity to discuss with the Doctor of Chiropractic named above, my diagnosis, the nature and purpose of chiropractic adjustments and other procedures and alternatives. I understand that my condition may necessitate modification from time to time of the type of treatment(s) rendered and the portions of my body that may need to be examined. I understand and consent to clinic staff providing me with verbal descriptions, when there are changes to my exam(s) and treatment(s), consent to the clinic staff providing said treatment(s) and exam(s) and herby consent to any similar subsequent treatment(s) or exam(s). If I do not consent I will immediately inform the clinic staff.

I understand and I am informed that, in the practice of chiropractic there are some risks to exam and treatment including, but not limited to, fractures, disc injuries, strokes, dislocations, sprains and increased symptoms and pain or no improvement of symptoms or pain. I do not expect the doctor to be able to anticipate and explain all risks and complications, and I wish to rely on the doctor to exercise judgment during the course of the procedure which the doctor feels at the time, based on the facts then known, is in my best interest. I further acknowledge that no guarantees or assurances have been made to me concerning the results intended from the treatment.

There are times when individuals other than the clinic staff may see me receive treatment at the clinic or overhear discussions of my condition or insurance. I consent to others perceiving these interactions at the clinic. If additional privacy is required, I will inform the clinic staff.

I have read, or have had read to me, the above consent. I have also had an opportunity to ask questions, and all my questions have been answered fully and satisfactorily. By signing below, I consent to the treatment plan. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment.

Print Name: _____ **Signature Patient/Guardian:** _____ **Date:** _____

To be completed by doctor or staff witness: Initials of Office Staff: _____ **Date Signed:** _____